



Rediscover Your Core Values

What matters to you at this time in your life?

Review the list of values and circle all that apply. Of those, choose your top 10. Finally, narrow it down to your top 3-5. These are your core values.

Abundance	Dedication	Independence	Rigor
Acceptance	Dependability	Individuality	Security
Accomplishment	Determination	Inner Harmony	Self-actualization
Accountability	Devotion	Innovation	Self-development
Accuracy	Dignity	Insightful	Self-reliance
Achievement	Discipline	Inspiring	Self-respect
Adaptability	Diversity	Integrity	Selfless
Adventure	Efficiency	Intelligence	Sensitivity
Affection	Empathy	Intuitive	Serenity
Alertness	Endurance	Joy	Service
Ambition	Energy	Justice	Sharing
Assertiveness	Enjoyment	Kindness	Silence
Attentive	Enthusiasm	Knowledge	Simplicity
Authenticity	Equality	Lawful	Sincerity
Awareness	Ethical	Leadership	Skillfulness
Balance	Excellence	Learning	Solitude
Beauty	Excitement	Logic	Speed
Boldness	Experience	Love	Spirituality
Bravery	Expertise	Loyalty	Stability
Brilliance	Exploration	Mastery	Status
Calmness	Fairness	Maturity	Stewardship
Capable	Faith	Meaning	Strength
Careful	Fame	Moderation	Structure
Caring	Family	Motivation	Success
Certainty	Fearless	Obedience	Support
Challenge	Fidelity	Openness	Surprise
Charity	Fitness	Optimism	Sustainability
Cleanliness	Focus	Order	Teamwork
Clear	Foresight	Organization	Temperance
Clever	Forgiveness	Originality	Thankful
Comfort	Freedom	Passion	Thorough
Commitment	Friendship	Patience	Thoughtful
Communication	Fun	Patriotism	Timeliness
Community	Generosity	Peace	Tolerance
Compassion	Giving	Playfulness	Toughness
Competence	Goodness	Poise	Traditional
Confidence	Grace	Positivity	Tranquility
Consistency	Gratitude	Power	Transparency
Contentment	Growth	Productivity	Trustworthy
Contribution	Happiness	Professionalism	Understanding
Control	Hard Work	Prosperity	Uniqueness
Cooperation	Harmony	Purpose	Unity
Courage	Health	Quality	Vision
Courtesy	Honesty	Recognition	Vitality
Creativity	Honor	Respect	Wealth
Credibility	Humility	Responsibility	Welcoming
Curiosity	Humor	Restraint	Winning
Decisiveness	Imagination	Results-oriented	Wisdom

This list isn't complete but it will get you started. Many of these may feel very important but do your best.

It will reveal what you care about right now. Thank you SaturdayGift.com for an amazing list!